



"IKI Velomarathon 2024" Vilnius Bicycle Marathon Regulations

- 1. "IKI Velomarathon" is an initiative that rests upon four main values: family, healthy lifestyle, ecology and traffic safety, based on an initiative aimed at strengthening the culture of bicycles and other human-powered land vehicles in Lithuania.
- **2. "IKI Velomarathon" is organised by** "National Automobile Club" and Vilnius city municipality (hereafter Organiser).
- 3. Official "IKI Velomarathon" website in English: <u>www.ikivelomaratonas.lt/en</u>.

4. "IKI Velomarathon" is organised according to regulations of International Cycling Union (hereafter – UCI), present regulations (hereafter – Regulations) and Organiser's decisions. Competition of Sport group is included into the competition calendar of 2024 presented by the Cycling Federation of Lithuania. 100 km track is considered to belong to the First category of competition, 50 km track belongs to the Second category. Rating points are allotted by the Cycling Federation of Lithuania in compliance with the rating of licensed individuals (http://ldsf.lt/reitingas/).

5. "IKI Velomarathon" starts on 18th of August, 2024 (18.08.2024), Sunday.

6. Program:

Name of the heat	Start time	Latest finish (time limit)	Awards time
Cramo Sport Heat	9:00	11:30	12:15
Cramo Semi-Sport Heat	9:03	11:30	12:15
EARLY RIDER Children Heat	12:00	12:30	after the finish
TERRASPORT Heat for Rollerblades, Scooters, Skateboards	13:00	13:30	
DECATHLON Amateurs Heat	14:00	16:00	16:30

*Organizers reserve the right to adjust/change the time of the start, finish, awards ceremony and programme.

7. "IKI Velomarathon" participants are divided into the following groups:

EARLY RIDER children group	
For children up to 12 years old (i.e., born after 19.08.2012 inclusive). Children group is	
same to both: boys and girls. The track can be ridden by any vehicle driven by human	2,4 km
power (bicycle, rollerblades, scooter, skateboard).	



DECATHLON amateur group	
Group for all cycling enthusiasts born before 18.08.2012 inclusive. Amateur group is same to both: men and women. Amateurs may choose their distance by themselves (i.e., they may complete 1, 2 or 3 laps of the track).	10, 20 or 30 km

CRAMO Semi-Sport group (for fast amateur cyclists)	
Group for men participants born in year 1975-2007 inclusive, who want to take part in half	
distance race, provided with time keeping devices.	
Women's Semi-Sport group is not formed, because women in the sport groups already	50 km
compete in the 50 km distance.	

CRAMO Sport groups (for sportsmen cyclists and sportswomen cyclists)					
Men		Women			
Group name:	Born (year):	Distance:	Group name:	Born (year):	Distance:
V12	2012-2013 m.		M12	2012-2013 m.	
V14	2010-2011 m.	50 km	M14	2010-2011 m.	
V16	2008-2009 m.		M16	2008-2009 m.	
V18	2006-2007 m.		M18	2006-2007 m.	
V19 (Elite)	1995-2005 m.*	100 1	M19 (Elite)	1995-2005 m.*	50 1
V30	1985-1994 m.	— 100 km	M30	1985-1994 m.	- 50 km
V40	1975-1984 m.		M40	1975-1984 m.	
V50	1965-1974 m.		M50	1965-1974 m.	
V60	1955-1964 m.	50 km	M60	1955-1964 m.	
V70	1954 and older		M70	1954 and older	1

* - Participants, who do not ascribe themselves to groups V30-V70 or M30-M70, may start here. Participants from the latter groups, who want to start in *Elite* group, must inform the Organiser by email info@ikivelomaratonas.lt and receive the Organiser's permission.

TERRASPORT group of rollerblades, scooters and skateboards	Distance:
Group for participants at the age of 12 and over (i.e., born before 18.08.2012 inclusive).	2,4 km
Group is same to both: men and women.	∠,4 KIII

Juveniles (younger than 18 years) may start only having signed acceptance from the parents or foster-parents. Sport school students younger than 18 years may start only having signed acceptance from the parents/foster-parents or by submitting coach signed list of students via email address info@ikivelomaratonas.lt. The acceptance defines responsibility for juvenile "IKI Velomarathon" participant. The standard acceptance form is published in the official "IKI Velomarathon" website.

8. "IKI Velomarathon" main track:

The accurate track of the "IKI Velomarathon" will be presented on the event's website <u>www.ikivelomaratonas.lt</u> as the event approaches. The track is only equipped and located on the roadway.

9. "IKI Velomarathon" distances: for EARLY RIDER children groups and TERRASPORT groups of rollerblades, scooters, and skateboards is 2,4 km, for DECATHLON amateurs: 10, 20 or 30 km, for CRAMO Semi-Sport group: 50 km and for CRAMO Sport groups: 50 or 100 kilometres in length (see: art. 7). It is forbidden to shorten the distance or cut the track illegally. The Organiser will appoint people to prevent such actions. If the infringements will be recorded, participants who shortened or cut the track will be disqualified.

10. Vehicles in "IKI Velomarathon":

Bicycles - in "IKI Velomarathon" is only allowed to use a technically correct bicycle. Non-standard



bicycle (tandems, laid-back bicycles, etc.) riders must obtain a written permission from the Organiser. Usage of "Time-trial" or triathlon steering bars (tri-bars) is prohibited. We strongly recommend using only road racing bicycles for CRAMO Sport & Semi-Sport participants. No bicycle must be dangerous to other participants. Participants with straight handlebars start from the last corridor. "IKI Velomarathon" referees make final decision regarding to particular bicycle. Participants of CRAMO Sport groups are allowed to start only with UCI-compliant bicycles.

Rollerblades, scooters and skateboards must be technically correct. Non-standard technics (roller skis, etc.) riders must obtain a written permission from the Organiser.

11. Safety measures:

Every participant is personally responsible for his/her safe actions during the marathon.

Helmets are obligatory to all participants!

Helmet must not be cracked, damaged, homemade, unsuitable for cycling or other, which is prohibited by Lithuanian and European Union institutions. "IKI Velomarathon" referees determine final decision regarding to particular helmet.

It is recommended to wear gloves. For less experienced participants it is also recommended to wear special elbow and knee guards for EARLY RIDER Children Heat, TERRASPORT group of rollerblades, scooters and skateboards.

Usage of music players, mobile phones and other unnecessary devices for cycling that disturb the participant or other participants is prohibited from start to finish.

"IKI Velomarathon" track will be located on the roadways, which will be closed for any extraneous traffic (except the Organiser's and emergency vehicles). Participants are prohibited to turn away from the track, drive on the sidewalks and/or bicycle paths.

Driving or walking on the "IKI Velomarathon" track is forbidden. Crossing "IKI Velomarathon" track is allowed only in specially marked places and only when ascertained it will be safe to do so. Persons who ignore regulations are responsible for their own safety.

12. Rules for registration to "IKI Velomarathon":

It is possible to register to "IKI Velomarathon":

Period	Entry fee	Place of the registration
1. Until 31.07.2024 (Wednesday) inclusive	Rollerblades, scooters, skateboards: free of charge Children: free of charge Amateurs: free of charge Semi-Sport: €15* Sport: €15*	Internet registration: <u>www.ikivelomaratonas.lt/en</u>
2. From 01.08.2024 (Thursday) until 15.08.2024 (Thursday) inclusive	Rollerblades, scooters, skateboards: free of charge Children: €5* Amateurs: €10* Semi-Sport: €25* Sport: €25*	Internet registration: <u>www.ikivelomaratonas.lt/en</u>
3. From 16.08.2024 (Friday) until 18.08.2024 (Sunday) inclusive	Rollerblades, scooters, skateboards: free of charge Children: €10* Amateurs: €15* Semi-Sport: €50* Sport: €50*	Registration until event day: <u>www.ikivelomaratonas.lt/en</u> On the event day Registration tent near Parliament house of Lithuanian Republic, <u>Gedimino</u> <u>ave. 53, Vilnius</u>

Notes:

* - an individual appears on registered participants list only after transferring a starting fee. A link to the transfer is sent to the email, indicated during registration. The day of the transfer is considered as a day of registration. The entry fee price applies on the day the payment is made, not the registration date (participants who have registered for the IKI Velomarathon during one period, but who have not paid the entry fee by that date (the end of the registration period), irrespective of the date of registration, the entry

fee shall be paid according to the rates applicable on paying day.)

The system displays the names of the participants as they were entered during registration.

Registration of people with disabilities is free of charge at any period (must show certificate during the hand-out of start numbers).

Registration of juvenile sportsmen from sports schools is free of charge at any period if they submit a list of pupils, signed by their coach. The list must be sent until 02.08.2024 (Friday) to the Organiser to info@ikivelomaratonas.lt before individual registration.

Start fees are not refunded, not rescheduled into another year and not compensated either.

Start fee is refunded only if the event is canceled. The price is refunded after deduction of administrative payments (1 Eur). Paying start fee, the participant agrees with this condition.

Participant is responsible for the information given during the registration. Registration using false data will result to disqualification. It is forbidden to give your number to another person.

It is forbidden to register more than one time for the same heat (see: art. 6).

If the participant wants to change his/her registration data for Children and Amateur groups, it may be done free of charge until 31.07.2024 (Wednesday) inclusive, contacting Organiser by email: info@ikivelomaratonas.lt. After this deadline, the fee for changing the registration data of the participant corresponds to the price of the registration fee. Changing of the heat is considered as a new registration.

Changing registration data for CRAMO Sport and CRAMO Semi-Sport Heats is considered as a new registration and registration data change fee based on registration fee is applied.

13. Hand-out of start numbers:

Registered participants (showed their identity document) may collect the start numbers on:

Date	Time	Place
16.08.2024 (Friday) 17.08.2024 (Saturday) For all groups	10:00 - 21:00	Shopping centre IKI Vilnius, Žirmūnų g. 2, Vilnius (II floor).
On "IKI Velomarathon" day: 18.08.2024 (Sunday)		
CRAMO Semi-Sport group	7:30 - 8:40	
CRAMO Sport groups	7.30 - 8.40	Registration tent near Parliament
EARLY RIDER children group	8:00 - 11:30	house of Lithuanian Republic,
TERRASPORT group of rollerblades,		Gedimino ave.53, Vilnius
scooters, and skateboards	8:00 - 12:30	
DECATHLON amateurs group	8:00 - 14:00	

*The Organizer reserves the right to adjust/change hand-out of start numbers times.

Juvenile participants must show signed acceptance of the parents during the hand-out of start numbers. This requirement is not applied to the students of sport schools who sent a list of participants signed by the coach for the Organiser until 02.08.2024 (Friday) inclusive (see: art. 7).

14. Start numbers:

Start numbers for participant of CRAMO Sport groups who registered before 02.08.2024 (Friday) inclusive will be given by Organiser regarding to results from previous two "IKI Velomarathons" as well cyclist rating and possession of UCI license. For those who have registered from 03.08.2024 (Saturday) inclusive, start numbers for CRAMO Sport participants will be given according to their registration date (ascending).

Start numbers for DECATHLON amateurs and CRAMO Semi-Sport participants will be given according to registration date (ascending). Organiser has a right to configure the start order.

Participants on straight handlebars, regardless of their starting number, start from the last corridor.



Participants, registered until 02.08.2024 (Friday) inclusive, are given start numbers with their personal names.

15. Start procedures:

All participants **must start from the respective start corridor regarding to what** <u>start number they</u> <u>have</u>. Participants must enter the starting places 20 minutes before the start. Start corridors will be marked at the place of start by special signs. Start corridors for children will be given according to their age. Matching of start numbers to respective start corridors will be controlled by Organiser's officials. Start signal is given by authorised persons by the Organiser:

- <u>EARLY RIDER children, CRAMO Sport & Semi-Sport, TERRASPORT groups of rollerblades</u>, <u>scooters and skateboards</u> participants start from a standing start after the signal.
- <u>DECATHLON amateur groups</u> participants will start after the signal behind the Organizer's cars and then follow the Organizer's vehicles during the first lap. The vehicles will go out before the second lap. It is prohibited to overtake the Organizer's vehicles.

Parents or foster-parents may follow EARLY RIDER children group participants during their heat. It is allowed to follow on foot by walking or running alongside the track. Those who wish to follow on bicycles must stand at the end of lineup before the start.

16. Finish procedures:

Finish signal is given by "IKI Velomarathon" judges. Participant is considered to be finished, when a chequered finish flag is being showed to him/her, and must stop his/her ride.

CRAMO Sport (100 km) participants losing a lap or more to the leader (CRAMO Sport (100 km)) finish in the same lap with him, when the leader completes full distance.

Participants in CRAMO Sport and CRAMO Semi-Sport groups, who are riding 50 km (5 laps), finish after completing the entire distance, but not later than the leader of CRAMO Sport (100 km).

Exit the track through a separate finish corridor (Gynėjų st. – left turn 150 metres after the finish line).

15 minutes after the finish of CRAMO Sport (100 km) leader, the end of the competition is announced. The part of the track from the intersection of Goštauto and Tumėnos streets to the start/finish arch is closed and the participants are directed to reach IKI Velomaraton town via A. Tumėno street. to Gynėjų st.

Time keeping microchips must be returned to the chip collecting officials, right after the finish. Having failed to return or losing the chip inflicts participant will get penalty of 100 Eur.

On the day of the event temporary traffic restrictions ends at 5 p.m. The cyclist himself/herself is responsible for his/her own safety on the road.

17. Teams:

"IKI Velomarathon" participant may represent a team:

- Children, Amateurs group, groups of rollerblades, scooters and skateboards and CRAMO Semi-Sport participants may fill their team names during the registration. Team registration is free of charge; number of team members is unlimited.
- Sport team names are filled during individual registration as well as in the team entry form. All team members must be already registered personally, when submitting the team entry form. All members of the same team must be registered to the same distance (100 km). Maximum number of sport team members is limited to 8. Team manager, no longer than 3 days before "IKI Velomarathon" must inform the Organiser about the final five team members, who will represent the team in "IKI Velomarathon" team classification. Team entry fee is €70. Filled sport team entry forms must be sent to the Organiser by email: info@ikivelomaratonas.lt until 09.08.2024 (Friday) inclusive. Changes to the members and names of Sports Teams are allowed until 09.08.2024 (Friday) inclusive.

Team names must be written equally. Names are unlimited, however, it must be ethic and not object "IKI



Velomarathon" values. One participant may represent no more than one team in the same heat.

18. Time keeping (only for CRAMO Sport and CRAMO Semi-Sport participants):

Time keeping will be based on electronic system (hereafter – System).

Participant is responsible for given time keeping chip from hand-out until returning. All participants must return chips to the Organiser's official. **Participants must sign both documents when picking up and returning the chips. Having failed to return or losing the chip inflicts 100 Eur penalty.** If you lose or find a chip – immediately inform the Organiser.

For result to be recorded it is required:

To attach start numbers on your clothing (back and left side) and to mount time keeping chip <u>according to</u> <u>given instructions</u> from start to finish. Finish procedures must be accomplished according "IKI Velomarathon" regulation art. 16.

19. Results and awards of "IKI Velomarathon":

19.1. Children:

Results are not calculated for this group participants. All participants of the children's group will be awarded medals.

19.2. Amateurs:

Results are not calculated for the Amateur, but they may be awarded special prizes established by the Organiser.

Results of Amateur teams:

Three biggest Amateur teams are awarded. Winners are clarified by the quantity of team members (winner team has most members). If Amateur teams record the same result - sum of every single member age determines the final result. The older team has the priority.

19.3. CRAMO Semi-Sport:

10 fastest CRAMO Semi-Sport participants are awarded.

19.4. CRAMO Sport:

The undermentioned are awarded:

- I-III men in general classification;
- I-III women in general classification;
- I-III competitors in each group**;
- I-III teams in 100 km distance*.

* - if there are not 5 teams, only the 1st place team is awarded.

** - In Sport (50 km) will be awarded participants who have completed the track.

Results of sport teams:

The result of the sport team is determined by results of three fastest team members who completed whole distance.

If there are less than three team members, who completed the full distance, 20-second penalty time is added to average lap time for every uncompleted lap of particular participant, when summing team results. This is applied for three fastest team members.

If team results are equal – fastest member time of each team determines final result.

Results of CRAMO Sport and CRAMO Semi-Sport groups participants are clarified using timing System and by finish referees.

Organiser may establish more awards than stated in the Regulations.

• Unofficial results for CRAMO Sports and CRAMO Semi-Sport groups will be published on the day

of "IKI Velomarathon":

- In official board (next to start/finish arch);
- In official "IKI Velomarathon" website.
- Official results for CRAMO Sports and CRAMO Semi-Sport groups will be published in official "IKI Velomarathon" website on 23.08.2024 (Friday), 12:00. Organiser has a right to postpone this term if there are objective reasons.

20. Assurance of safe and fair participation:

Any usage of extraneous aid during the heat, except technical aid (see: art. 21 "Technical aid") will result in participant's disqualification.

All "IKI Velomarathon" participants must:

- Comply with the Regulations and other Organizer's decisions;
- Comply with the legal requests by the Organizer's authorized personnel;
- Start only with a technically correct bicycle or other vehicle.
- Have properly put on helmet from start to finish;
- To ride safely in respect of himself/herself and other participants and assume the responsibility concerned about the incidents during the event (including but not confining to falls, injuries, collisions with spectators, animals, standing or moving vehicles, other road mountings and objects on the track) and possible health disorders directly or indirectly concerned in participating in "IKI Velomarathon";
- To retire from "IKI Velomarathon" if the bicycle breaks down causing the riding to become unsafe and it is impossible to repair the failure (the failures are at least one of the following: disappearance of the brakes, disengaging of such main parts as: wheels, steering bar, etc., braking/cracking of frame and other main parts, etc.);
- If a participant feels bad or a bicycle broke down, or other means of transport a participant must quit the track. At the time of withdrawal, a participant must slow down, look around, evaluate the situation and retreat to the road side, and try not interfere other participants.
- To act fair in respect of the participants, spectators, referees, track personnel and Organizers of "IKI Velomarathon";
- Not to disturb faster and/or passing by a lap and always move closer to the right side of the road;
- Not to carry sharp and other dangerous materials;
- Not to consume alcohol, narcotics and/or materials prohibited by World anti-doping agency neither before nor during "IKI Velomarathon".

21. Technical aid:

"IKI Velomarathon" participants may get technical aid for necessary repairs or replacement of individual parts. It is prohibited to change the whole bicycle.

Technical aid may be done outside the track by team personnel without disturbing other "IKI Velomarathon" participants.

It is prohibited for the team personnel to move alongside the track during the heat.

If it is impossible to repair the bicycle during technical aid, participant must retire from "IKI Velomarathon".

22. Assurance of medical aid:

Ambulance crews will stand near the "IKI Velomarathon" track.

If you see a participant which requires medical aid or you will need such aid – immediately call emergency number 112

23. Lost and found items:

Please inform the Organiser regarding to the lost and found items. A lost and found point will be situated in the registration tent right after the finish. Later you may contact the Organiser by email: info@ikivelomaratonas.lt.

24. Protests:

Participant may give a protest due to infringement of the Regulations or marathon results. Protests are acceptable until 23.08.2024 (Friday), 11:00.

Protests must be signed and delivered to the Judges tent (on the day of event) or by email: info@ikivelomaratonas.lt. Protests may be given with the €100 fee, which is fully refunded if protest is sufficed. Protests are analysed by Organiser's committee and senior referee.

25. Refreshment station:

On the track of "IKI Velomarathon" during DECATHLON amateurs, CRAMO Sport and CRAMO Semi-Sport heats will be equipped with a water refreshment point. Participants are strictly forbidden to stop in the track while riding at the refreshment point. Water should be taken in the track while moving/ cycling.

DECATHLON amateurs will be invited to stop at the refreshment point which will be marked with distinctive signs where everybody is allowed to stop.

26. Other questions:

By registering in "IKI Velomarathon", every participant confirms that he or she agrees with the requirements stated in Regulations.

The Organizer reserves the right to revise / change the regulations.

Every "IKI Velomarathon" participant agrees that the Organiser may use photo or video material with him/ her for event promotion without separate agreement. Unmentioned questions in the Regulations are solved by the "IKI Velomarathon" Organiser.

The participant understands and confirms that the organizers cannot and will not reimburse the participant's health, life or vehicle of the damage. The total risk and responsibility for the participant's health problems, injuries, vehicle damages and accidents resulting from the participation in the event, has only participant.

Information related to Organizer's privacy policy is published on the Official "IKI Velomarathon" website: <u>https://www.ikivelomaratonas.lt/en/privacy-policy</u>.

The regulations are published in Lithuanian and English. In case of difference, the Lithuanian version is considered to be decisive.